**Topic: Free or Low-cost Healthcare**

**In Washington State**, free and low-cost healthcare coverage is available to low-income households year-round; the program is called Washington Apple Health. For most people, Apple Health is free, but some families may have to pay a monthly premium. Apple Health provides preventative care, like cancer screenings, treatment for diabetes and high blood pressure, and many other health care services.

<https://faq.wahealthplanfinder.org/faq/learnapplehealth.htm>

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage>

**Children** can receive free healthcare (Apple Health for Kids) if parent(s) or guardian income is at or below Medicaid standard, that is, a single person earning less than $2,287 monthly, 2-person household earning less than $3,089 monthly, 3-person household earning less than 3,892, and a 4-person household with less than $4695 per month income. If a household earns more than these amounts, you may be eligible for low-cost coverage with Apple Health.

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage/children>

**Adults** may be eligible for free healthcare (Apple Health for Adults) if you are age 19 through 64, are a U.S. citizen or meet Medicaid immigration requirements, are not entitled to Medicare, and have a monthly income at or below $1,468 for single person, $1,983 for 2-person household, $2,498 for 3-person household, and $3,013 for a 4-person household.

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage/individual-adults>

**To apply** for free or low-cost Apple Health coverage, go to the online form below and create an account. The following information will be needed: your household monthly income, the social security numbers and dates of birth for each member of your household, and your immigration information if that applies to you.

<https://www.wahealthplanfinder.org/HBEWeb/Annon_DisplayIndivAccountInformation?request_locale=en>

**For questions** about Apple Care, call 1-800-562-3022 (Monday – Friday 8am – 5pm) at the Washington State Health Care Authority. Or send an email to [askmagi@hca.wa.gov](mailto:askmagi@hca.wa.gov). Or fill out a question form at <https://fortress.wa.gov/hca/p1contactus/Client_WebForm>

**In-person assistance** with healthcare plan enrollment or health plan changes can be found on the following website. Enter your zip code and the pertinent “help request type”.

<https://www.wahealthplanfinder.org/HBEWeb/Annon_DisplayBrokerNavigatorSearch.action?brokerNavigator=NAV>

**Virtual assistance** within Whatcom County for Apple Health is with Sea Mar Community Health Centers, phone 1-855-289-4503, email [seamaripa@seamarchc.org](mailto:).

<https://faq.wahealthplanfinder.org/faq/virtualhelp.htm>

**To apply to Apple Health via cel phone**, get the free WAPlanfinder app. You can also check application status, and find in-person help.

<https://www.wahbexchange.org/mobile/>

**Free, preventive services** are available with Washington Apple Health and cover a set of preventive services such as shots and screenings at no cost to you.

**Screenings and Counseling**

* Depression screening
* Diabetes (Type 2) screening
* Drug and tobacco counseling
* Cholesterol screening
* Colorectal cancer screening
* Obesity and diet counseling
* STDs and HIV

**Services for Children & Youth**

* Behavioral and development assessment
* Iron and fluoride supplements
* Screenings and counseling
* Vaccines
* Vision screening

**Services for Women**

* Breastfeeding support
* Mammograms
* Contraceptives
* Domestic violence screening
* STDs and HIV
* Wellness visits

**Other Apple Health** services that are covered:

* Appointments with a doctor or health care professional for necessary care.
* Medical care in an emergency.
* Maternity and newborn care.
* Mental health services.
* Treatment for chemical or alcohol dependence.
* Pediatric services, including dental and vision care.
* Limited dental and vision care for adults.
* Prescription medications.
* Laboratory services.
* Hospitalization.
* Transportation to and from medical appointments, when necessary.
* An interpreter for your appointment, if you do not speak English (arranged through your provider).

Note: This list is for general information only and does not guarantee Apple Health will cover the service. Check the medical benefits book from your health plan for additional covered benefits and services. If a service you need is not listed, check with your health care provider or your health plan.

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicaid-coverage/covered-services>

**Survivors of domestic abuse**, can also apply for free or low-cost health coverage separate from their abuser. Whether you are living with or fleeing from your abuser, you can apply at any time; call 1-855-923-4633 for assistance. ***Caution:*** Your abuser will get notification by email or letter that a change has been made to the shared application. Notifications will be sent as soon as the next day.

<https://faq.wahealthplanfinder.org/faq/special_enrollment_en.htm>

**All health plans** offered through Washington Healthplanfinder are required to provide all 10 of the following essential health benefits:

* Doctor visits and hospital stays
* Trips to the emergency room
* Care before and after your baby is born
* Mental health and substance use treatment
* Prescription drugs
* Services and devices to help you recover if you get injured or if you have a disability or chronic condition
* Lab tests
* Preventive services including counseling, screenings, and vaccinations
* Management of a chronic disease, like diabetes or asthma
* Pediatric care

<https://www.wahealthplanfinder.org/_content/coverage-basics.html>

A printable, 2-page information sheet titled “Find free or low-cost health coverage” from Washington Health Care Authority is available.

<https://www.hca.wa.gov/search/site/19-003?section=%2A>

Events are changing rapidly so to confirm details, call 360.305.3600 between 1:00 – 5:00 pm. Library staff will work hard to give you current and valid information. (5/26/20)