



People of the
Salish Sea
Food and
Culture:

Shellfish

Shellfish...

- Shellfish are an important part of Native-American culture. Coast Salish people have harvested shellfish historically for food, used shells for tools and in ceremonies for thousands of years
- Shellfish provide the center of a great traditional feast experience for Coast Salish peoples
- Shellfish are nutritional powerhouses; their tiny bodies contain nutrients like iron, magnesium, zinc, and Omega 3 fatty acids

Shellfish:

- Shellfish eaten in Whatcom County Includes clams, geoducks, mussels, oysters, scallops, and snails
- Shellfish that are bivalves are the filter system of the Salish Sea, each individual can clean out 15-20 gallons of water per day
- You will see 10 different types of shellfish that People of the Salish Sea eat.

1. Olympia oyster



2. Horse Clam



3. Geoduck



4. Cockle



5. Butter Clam



6. Littleneck clam



7. Mussel



8. Limpet



9. Giant Pacific Scallop



10. Periwinkle

