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Preschool Theme Kits

ME, MYSELF AND I



FOR YOU: a copy of these activities
is available in back of this notebook.

BOX CONTENTS

BOOKS

ABC, I Like Me!

Nancy Carlson

All the Colors of the Earth

Sheila Hamanaka

Whistle for Willie

Jack Keats

Why Am I Different?

Norma Simon

I'm Terrific

Marjorie Sharmat

I Like Me! (Book with CD)

Nancy Carlson

Two Eyes, a Nose and a Mouth

Roberta Intrater

Jesse Bear, What Will You Wear?

Nancy Carlstrom

Pretty Brown Face

Andrea Pinkney

AUDIO CD

Getting to Know Myself

Hap Palmer

TOY

Things that Go Together Puzzle

ADULT RESOURCES

Hopscotch, Hangman, Hot-Potato, and Ha, Ha, Ha

Jack Maguire

ACTIVITY NOTEBOOK

**BEYOND THE KITS
STORYTIME HANDBOOK**

Welcome to the *Me, Myself and I* Theme Kit. Our target age group is 2 to 5 year olds but we have included at least one board book for babies to use. All these books read aloud well, and there are activities, finger plays, and teacher guides to help you. Also, take a look at the information sheet on the inside cover of this notebook. ENJOY!

Related Activities

-Fun and Games-

ME PUPPETS *

Make an outline of each child on a long strip of butcher paper or newsprint. Let each child decorate his or her own body outline with clothing and facial features. Let the children cut out their pictures. Attach half a paper plate to the back of the paper head as a hand grip. Then the children can make their puppets walk, dance, run, etc.

"A BOOK ABOUT ME"

Staple or tie together 6 to 8 half sheets of paper. Write the title on the first sheet; let the children begin illustrating the first page and write their names. The following pages can read:

This is my family:

These are my friends:

I live in (my house, my apartment), etc.

My favorite food is

On my birthday I like to (If another holiday is coming up, like Halloween, Thanksgiving, Valentines, etc, substitute a short sentence about that).

Children finish the sentence for you to write down; and they illustrate their own book.

SUPER FANTASTIC ME! **

Children enjoy sharing things they do well. Invite each child to bring in a collection, object or anything that makes him or her feel good about who they are. Have them share the item with the group. You can make or buy a cloth bag and use cloth markers to write "Our Sharing Bag". Send this bag home with the child whose turn it is to share. This serves as a reminder to children and their families. Send the children's collection/object back home in a plastic grocery bag, when sharing is done.



*Activities courtesy of the Early Childhood Office of the Seattle Public Library.

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**ADULT RESOURCE:
GETTING TO KNOW MYSELF- CD**

The CD included in this kit is full of great songs and activities to help with positive self-concepts. Here are some of our favorites; find YOURS!

- Track 1 Feelings
- Track 3 Touch
- Track 4 Shake Something
- Track 7 Circle Game

There is a booklet with the song lyrics and suggestions for activities included in the CD case.

CIRCLE OF FRIENDS*

On a large sheet of paper, outline your children's hands in a large circle (wreathlike). Write names on the hands, including any children who are in your group but absent that day. Let the children decorate with crayons and markers, making their hands special. Try to have multicultural, skin toned crayons available.



NON-COMPETITIVE GAMES *

It is important for young children to play games that are cooperative and non-competitive. It is possible to adapt many traditional competitive games into cooperative FUN! Try "musical chairs" with pillows or rug squares. Instead of a child having to leave after each round, the rule is that all the children must fit on the remaining pillows or rugs!

There are books on non-competitive games. Ask your local librarian or choose General Keywords in our catalog and enter "games" and "cooperativeness".

Me, Myself and I Theme Kit

Questions or Suggestions:
Call the Youth Services Dept.
at (360) 384-3150

-Fingerplays and Action Rhymes-

SOMETIMES I AM TALL

Sometimes I am tall
Sometimes I am small
Sometimes I am very very tall
Sometimes I am very very small
Sometimes tall, sometimes small
See how I am now!

*Stand up tall
Bend over low
On tiptoes, with arms stretched high
Squat down, rolled up very small
Up and down
Stand normally, with shoulders back.*

PAIRS

A pair of ears to listen
A pair of lips to talk
A pair of eyes to see with
A pair of legs to walk
A pair of feet I'm glad
Because if I had four,
I'd have to crawl like this,
Right along the floor!

*Cup hands behind ears
Point to your lips
Point to wide open eyes
Walk in place, pointing at legs
Touch your toes*

Crawl along floor on hands and knees!

HEAD SHOULDERS KNEES AND TOES –

A favorite!

Sing to There is a Tavern in the Town

Head, shoulders
Knees and toes.
Head, shoulders
Knees and toes.
Eyes and ears
And mouth and nose.
Head, shoulders
Knees and toes.
Knees and toes.

*Touch each body part as you say it.
You can repeat, speeding up each time. Or leave out saying body parts one by one as you touch them*



ALL BY MYSELF – suit actions to words. Children repeat chorus after each line:

There are many things that I can do
I can comb my hair and lace my shoe
I can wash my hands and wash my face,
I can put my toys and blocks in place!

Chorus: All by myself!
Chorus: All by myself!
Chorus: All by myself!
Chorus: All by myself!

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How You Can Help

- Use and return kits promptly so that they are available for others.
- Please check box contents before returning.
- Do not use the book drop. Please return kits inside an open library.