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Preschool Baby Box LET'S EAT



BOX CONTENTS

BOOKS

Baby Food

Margaret Miller

The Best Mouse Cookie

Laura Numeroff

Eating the Alphabet

Lois Ehlert

Jonathan Goes to the Grocery Store

Susan K. Baggette

Jamerry

Bruce Degan

The Little Red Hen

Byron Barton

The Very Hungry Caterpillar

Eric Carle

Wibbly Pig Likes Bananas

Mick Inkpen

What do Animals Eat?

DVD

Let's Eat! Funny Food Songs

Sesame Street

ADULT RESOURCES

Developmentally Appropriate Practice in Early Childhood Programs

Sue Bredekamp and Carol Copple, Editors

Pat-a-Cake and Other Play Rhymes

Joanna Cole and Stephanie Calmenson

BEYOND THE KITS – STORYTIME HANDBOOK

FOR YOU: a copy of these activities is available in back of this notebook.

Welcome to the Baby Box *Family Kit*. Our target age group is birth to three year olds. Have fun reading aloud and exploring these books with the babies in your care. There are activities, finger plays, and teacher guides to help you. Also, take a look at the general information sheet on the inside cover of this notebook. ENJOY!

Related Activities

-Fun and Games-

TEXTURES

Try to find finger foods that allow for different tactile experiences: Crunchy cereal, smooth jello, cold ice shavings, sticky raisins, slippery nectarine cubes, etc. As you can imagine, this can get quite messy, so you'll want to put down plastic cloths and have the babies wear bibs. Use descriptive words to help the children understand what they are feeling. If they are talking, ask them to describe the experience. You can also spoon some things like jello, oatmeal, raisins, etc. into doubled ziplock bags for the kids to poke, prod, and squeeze.



DEVELOPMENTALLY APPROPRIATE PRACTICE IN EARLY CHILDHOOD PROGRAMS

The adult resource in this kit was created to help early childhood educators develop a program that is "developmentally appropriate." This is required for programs seeking accreditation by NAEYC's (The National Association for the Education of Young Children) National Academy of Early Childhood Programs.

Part Three of the book describes developmentally appropriate practice for Infants and Toddlers. First it talks about development in the first three years of life (what is known about children of this age) and what the caregiver's and family's role is in relation to the child's development. Then specific examples about appropriate and inappropriate practice are provided on topics from: Relationships, to Environment, to Health and Safety, etc.



**PAT-A-CAKE
AND OTHER PLAY RHYMES**

There are some really fun interactive baby rhymes in this book. Some are familiar but others are little known treats. The pictures that illustrate the actions are really clear, and they make each rhyme look like a lot of fun.



-Nursery Rhyme Knee Bouncers

There are many food-related nursery rhymes. Children love to hear the musical language of these rhymes. They love them even more if you bounce them in rhythm on your knees. Try these:

OLD MOTHER HUBBARD

Traditional

Old Mother Hubbard
Went to the cupboard
To get her poor dog a bone.
When she got there
The cupboard was bare.
And so her poor dog had none.

JACK SPRAT

Traditional

Jack Sprat could eat no fat
His wife could eat no lean.
And so between the two of them
They licked the platter clean.

Baby Box Let's Eat

Questions or Suggestions:
Call the Youth Services Dept.
at (360) 384-3150

- Fingerplays and Action Rhymes

THIS LITTLE PIGGY

Traditional

This little piggy went to market.
This little piggy stayed home.
This little piggy had roast beef.
This little piggy had none.
This little piggy cried wee wee wee
All the way home.

*Point to baby's big toe.
Point to the toe next to the big toe
Point to the middle toe
Point to the toe next to the pinky
Wiggle the pinky toe and run your
fingers up into a little belly tickle*

TWO LITTLE EYES

Traditional

Two eyes to look around.
Two little ears to hear each sound.
One little nose to smell what's sweet.
One little mouth that likes to eat.

*Point to eyes
Point to ears
Point to nose
Point to mouth*

PAT-A-CAKE

Traditional

Pat-a-cake, pat-a-cake, baker's man,
Bake me a cake as fast as you can.
Roll it.
And pat it.
And mark it with a B.
And put it in the oven for baby and me.

*Clap baby's hand's together

Roll baby's hands.
Pat baby's hands on her tummy.
Draw a B on baby's tummy
Poke baby's tummy in a little tickle.*



PEAS PORRIDGE HOT

Traditional

Peas porridge hot,
Peas porridge cold,
Peas porridge in the pot,
Nine days old.
Some like it hot.
Some like it cold.
Some like it in the pot,
Nine days old.

LITTLE MISS MUFFET

Traditional

Little Miss Muffet
Sat on a tuffet
Eating her curds and whey
Along came a spider
Who sat down beside her
And frightened Miss Muffet away



LITTLE JACK HORNER

Traditional

Little Jack Horner sat in a corner
Eating his Christmas pie.
He put in his thumb
And pulled out a plum
And said, "What a good boy am I."



How You Can Help

- Use and return kits promptly so that they are available for others.
- Please check box contents before returning.
- Do not use the book drop. Please return kits inside an open library.